

Texas Academy of Biomedical Sciences

Advisory and Study Skills

Advisory Plan – 33 minutes Four days a week

Monday - Tutoring/Homework Help/Study Groups/Academic and recreational reading

Tuesday – Tutoring/Homework Help/Study Groups/Academic and recreational reading

Wednesday – Everfi/Character Development Mini-lessons/SAT and ACT

Everfi is an online program that teachers character development, physical, mental, emotional wellness, and safety. Everfi Schedule:

- September
 - Honor Code Relationships
 - Say Something
- October
 - o Financial Literacy/ Banking
 - o My life goals for 9th/10th/11th and Choosing a path for 12th
- November
 - Mental Health Basics / Wellness Lesson 1
 - o Being respectful online
- December
 - Internet safety and privacy
- January
 - o RX drugs Lesson 1
 - RX drugs Lesson 2
- February
 - Alcohol Lesson 1
 - Mental Health/Wellness Lesson 2
- March
 - Financial Literacy
- April
 - Honor Code
 - o Alcohol Lesson 2
- May
 - Say Something

Thursday – Guest Speakers/Class meetings/Clubs and Organizations

Friday - No Advisory